## DRUGS ARE DANGEROUS, INC.

To the voters of Newton,

For 24 years the Towns' of Newton and Kingston have supported the work of D.A.D. Inc., in bringing "Natural High" experiences to the children, youth and families of our communities. The following are some of the examples of our efforts to help children, youth and families address some of life's challenges.

The annual family skating parties held at Skateland for Memorial, Bakie and the Middle School students continue to attract whole families and are well attended. D.A.D.'s Natural High Day, (always held on Father's Day at YMCA Camp Lincoln) has become an institution. Families from both Newton and Kingston celebrate the positive aspects of coming together and experiencing a drug free event. In addition to the free barbeque lunch, interactive games and activities for all age groups, the world's largest whip cream fight remains the highlight of the day's events.

D.A.D. continues to emphasize substance abuse prevention programs to help families address the scourge of drugs, alcohol and its negative impact on our communities. Project Safeguard and Project Stand by Me for all 5<sup>th</sup> and 7<sup>th</sup> grade students and their parents/guardians is well attended. (These programs are subsidized through the school budget.)

Drugs Are Dangerous, Inc. is a registered NH non-profit corporation with the State of N.H. We are a small dedicated group of parents and individuals from Newton and Kingston trying to help children, youth and families "be the best they can be". The continued support of the voters of Newton in the amount of \$2,000 is very much appreciated.

Respectfully submitted, Kristy A. Lacroix, President

## FAMILY MEDIATION & JUVENILE SERVICES

We saw significant changes in 2012, in the types of support Family Mediation and Juvenile Services (FMJS) was asked to provide for our communities. FMJS continued to support families with parent-child mediation and classes for substance abuse, anger management, shoplifting and tobacco. Services also included community service placement, the SoRock Steering Committee, Making Change and team consultations with educational, legal and mental health professionals to assist students in succeeding in school. We began participating in more events for older adults in our communities, as they are finding themselves parenting their grandchildren.

This year we found ourselves providing consultations and referrals for families' many needs. The intensity of the problems families are experiencing has increased, as many of them are without jobs, without income and without knowledge of where to turn for help. They often have no health insurance or access to other types of support. We received requests for mental health consultations, parenting support and referrals to connect households to services for domestic violence. We had more families asking where they might obtain food, clothing, shelter and heating assistance.

Our data is indicative of the services we have traditionally provided for families. They do not reflect those families who sought support outside of our traditional programs. Funds from federal, state and county resources have dwindled, and in some cases, disappeared. With fundraising, we have been able to keep our funding request level. Pleae contact us should you have further questions or concerns.

The members of the Board of Directors want to thank you in advance for your continued support as we grow and further develop our services, and please know you can continue to count on FMJS to continue to provide the familiar support and programming we have in the past. (Telephone 362-9957)

Respectfully submitted,
Debra DeSimone, Chairman
Board of Directors

## LAMPREY HEALTH CARE

Lamprey Health Care thanks the Town of Newton for its continued support during these extremely challenging times. As you know, Lamprey Health Care is a nonprofit community health care organization with medical centers in Newmarket, Raymond and Nashua, New Hampshire. The organization serves the Southern & Seacoast Areas of NH and provides primary care & preventative health services to individuals of all ages and incomes, regardless of their ability to pay. In 2011, 53 Newton residents made 254 visits to Lamprey Health Care and 988 Newton residents received rides through the Lamprey Senior Transportation program.

Our mission is to provide the highest quality primary care and health related services with an emphasis on prevention and lifestyle management regardless of an individual's ability to pay. Focusing on the health of the patient as well as the community as a whole, Lamprey Health Care's Newmarket & Raymond Centers offer the following care and services to its patients:

Primary care

Prenatal & obstetrical care

Pediatric care

Reproductive Health Services

Chronic disease management

Nutrition counseling

Health education & outreach

Social services & case management

Free/reduced cost prescription drugs

Interpretation services

Substance abuse counseling

One of our strongest programs is our Senior Transportation Program, where seniors and other individuals are provided access to essential services, such as medical appointments with primary care physicians and specialists, grocery stores, local pharmacies and other necessary errands. Most importantly, these services are available to all are physician offices and non-LHC patients so that our vulnerable populations have access to medical care.

With your continued support of \$1,800 for Year 2013, we can continue to improve access and the health of our residents and communities as a whole by meeting the needs of our patients. (Telephone: 603-659-3106)

Respectfully submitted,
Debora Bartley
Director of Community Services